



GYMability & FreeG Timetable and Term Dates

September 2023

September 2023 – August 2024

Please note that classes run all year through

Autumn Term	Spring Term	Summer Term
Friday 1 st September 2023 to Saturday 16 th December 2023	Tuesday 2 nd January 2024 to Thursday 28 th March 2024	Tuesday 2 nd April 2024 to Saturday 31 st August 2024

The gym will be **CLOSED** on the below dates for all classes

Christmas 2023	Easter 2024
Monday 18 th December 2023 to Monday 1 st January 2024	Friday 29 th March 2024 to Monday 1 st April 2024
NO CLASSES Bank Holidays: Monday 1 st January 2024 Friday 29 th March Monday 1 st April Monday 6 th May Monday 27 th May Monday 26 th August	

All above dates Inclusive



Tel – 01622 688719, Web – www.pegasusgc.org,

Email – enquiries@pegasusgc.org

Units 2,3,4 Farleigh Hill, Tovil, Maidstone, Kent, ME15 6RG



GYMability

Class Name	Day	Time
GYMability FUNdamentals* (School age) Unstructured classes	Saturday	2.30pm – 3.15pm
GYMability* (School age) Structured classes	Saturday	3.00pm – 4.00pm
GYMability* (School age) Structured classes	Saturday	4.00pm – 5.00pm

*Assessment of needs & support required

FreeG

Class Name	Day	Time
FreeG – School Year 4 & 5	Tuesday	4.30pm – 5.30pm
	Thursday	4.30pm – 5.30pm
	Friday	4.30pm – 5.30pm
FreeG – School Year 6 & 7	Tuesday	5.30pm – 6.30pm
	Thursday	5.30pm – 6.30pm
	Friday	5.30pm – 6.30pm
FreeG – School Year 8 & 9	Tuesday	6.30pm – 7.30pm
	Thursday	6.30pm – 7.30pm
	Friday	6.30pm – 7.30pm
FreeG – School Year 10 and over	Thursday	7.30pm – 8.30pm
	Friday	7.30pm – 8.30pm